

### Definition of bullying

Bullying is when a child or children set out deliberately and repeatedly to hurt, either physically or with words, another child or children.

*We think bullying is wrong.*

### What a child/children who feels bullied should do:

- Tell the bully/bullies to stop.  
(Sometimes bullies are actually cowards, and stop when they find out that you can stand up for yourself.)
- Tell a friend at school and ask them to help, either to tell the bullies to stop or to tell a teacher.  
(Sometimes we feel more confident talking to an adult when we have a friend with us.)
- Tell a teacher or any other member of staff.  
(Children often think that telling a teacher will make things worse, but teachers are very good at sorting out problems without that happening!)
- Tell parents/carers.  
(Adults at home can often help, either by giving advice or by talking to your teacher for you.)

*Bullies don't like other people to know what they are doing!*

### What teachers/staff should do:

- Talk to all the children involved, and any witnesses, to try to find out the truth.
- Talk to the bully/bullies and try to make them see why their behaviour is wrong.
- If bullying continues, talk to the bully's parents and make sure that they help us to help the bully to stop.

- Make sure that the bullying stops and that the bullied child feels safe by:
  - keeping an eye on all the children involved at playtimes, lesson times and when moving about the school;
  - making sure that there are no corners that can't be seen;
  - teaching children that it is important to tell the truth.

#### What other children can do:

- Tell an adult if they think someone is being bullied.

#### What we think about bullies:

- Nobody really wants to be friends with a bully.
- People are nice to bullies because they are scared of them, not because they like them.
- Bullies need to know how much more fun life can be when you have really good friendships with other children.

#### At Dussindale Primary School, we will:

- make sure that children know what to do if they are being bullied and make them feel safe;
- always listen and try to find out the truth;
- help bullies to be happy and to learn the value of true friendship;
- absolutely not tolerate bullying!

This policy has been agreed by Governors