



## DUSSINDALE MONTHLY NEWSLETTER MARCH 1ST



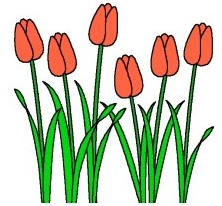
Together on a voyage of discovery...  
raising standards and safeguarding children

### Greetings

We hope you all had a pleasant weekend and were able to enjoy some of the spring weather.

Thank you for supporting and sending in photos of your children taking part in "Number day". We are looking forward to World Book Day this Thursday 4th March ahead of all pupils returning to school on Monday 8th March.

Our Successful Learner Web and assembly theme continues to be compassion, with this weeks story being "The Lion and Mouse".



### Remote Learning

Staff really appreciated seeing their pupils at their zoom sessions last week.



We hope all pupils enjoyed their weekly 'tech free' learning session and are looking forward to the 'Masked Reader' event on World Book Day.

### Return to School - 8th March

We are looking forward to welcoming all pupils back on March 8th. A more detailed letter will follow shortly, including reminders about staggered start and finish times.

In the meantime please log on to Pupil Asset and order your child's lunches by the close of day on Tuesday 2nd March. We will be re-turning on week 3 of the menu, which is available via the school web-site: <https://www.dussindaleprimary.co.uk/page/?>



### Well Being

This weeks top tip from Functional Nutritional Therapist Andrea Carroll Langan continues to be about Food for the Brain.

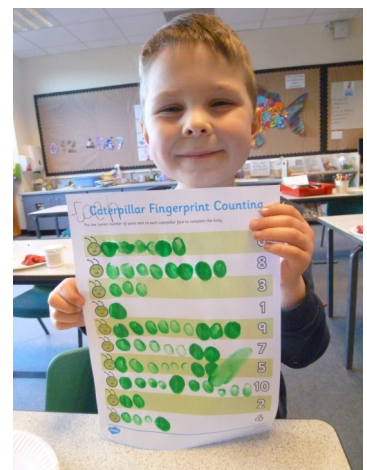
*Omega-3 fatty acids- These fats are anti-inflammatory, and we can only obtain them by eating certain foods such as oily fish, seafood, walnuts, pumpkin seeds and flaxseed. Some examples of oily fish are; salmon, trout, fresh tuna, mackerel, sardines, lobster, crab, oysters, shrimp and clams. Current guidelines recommend that we eat two portions of fish a week, one of which should be an oily one.*





# Good news

Thank you to Mrs Smith for organising a brilliant "Number day!" Thank you to parents and carers for supporting their children in the range of activities. Below are some photos of the event.





In Reception last week the children took their learning outside and were Nature Detectives.

On Monday they made bird feeders and on Tuesday they went out to see which birds they could identify in their gardens.



Congratulations to a Year 2 pupil who walked over 26 miles and raised £678.26 for NANSA charity during half term.



## PTFA

The PTFA met virtually on Tuesday 23rd February. The Treasurer updated the committee on the current balance of £6,000. The committee planned an Easter Egg colouring competition and Easter Egg lottery. Also discussed were Year 6 Leavers Books and Hoodies. More details will follow in the forthcoming weeks.



## Update



Violin and Piano lessons, along with Breakfast and Afterschool club will start week beginning 8th March.

If parents/carers need to change collection arrangements for their child/ren during the school day, we would be grateful if they could **please phone the school office and leave a voicemail**, instead of emailing.

## Diary Dates

Thursday 4th March — World Book Day — dress as a book character

Monday 15th and Wednesday 17th March — Parents evening on Zoom

Tuesday 23rd March — PTFA event — Easter Egg colouring competition 50p to enter

Friday 26th March — PTFA event — Easter Egg lottery

Friday 26th March — Last day of term

Monday 29th March — Friday 9th April — Easter holidays, school closed

