

Vane Close, Thorpe St. Andrew, Norwich. NR7 0US

Tel: 01603 436180

Email: [office-ds@yare-edu.org.uk](mailto:office-ds@yare-edu.org.uk)

Website: [dussindaleprimary.co.uk](http://dussindaleprimary.co.uk)

Executive Headteacher: Mrs Louise Norgate

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Thursday 6th June 2024

Dear Parents and Carers,

## Year 2 PSHE

I am writing to you to let you know that this term, Year 2 will be teaching their 'changing me' unit. Children will look at different life cycles in nature including that of humans. They reflect on the changes that occur (not including puberty) between baby, toddler, child, teenager, adult and old-age. Within this, children also discuss how independence, freedoms and responsibility can increase with age. As part of a school's safeguarding duty, pupils are re-taught the correct words for private parts of the body (those kept private by underwear: vagina, anus, penis, testicle, vulva). They are also reminded that nobody has the right to hurt these parts of the body, including a lesson on inappropriate touch and assertiveness. Children practise a range of strategies for managing feelings and emotions. They are also taught where they can get help if worried or frightened. Change is taught as a natural and normal part of growing up and the range of emotions that can occur with change are explored and discussed.

All materials have been carefully selected and all staff have received training to ensure this is delivered in a factual and age appropriate way. As part of the sessions, children will have the opportunity to ask questions or voice any concerns using an 'ask it basket'. If you wish to view any of the materials being used in the lessons please contact me via the school office and I will be able to arrange a time to show you the resources.

Class teachers will post a knowledge organiser and a list of picture books on Class Dojo to support home learning or help answer any questions that may occur.

I thank you in anticipation of your support.

Yours sincerely,

Miss Lee

PSHE/RSE Lead



Telephone: 01603 436180  
08282834. Email: [office@yare-edu.org.uk](mailto:office@yare-edu.org.uk)

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A charitable company limited by guarantee, registered in England  
The school office is at Sewell Park Academy, St. Clements Hill, Norwich



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